

## Practical Positive Parenting

# Help For Teen Single Parents

June 10th, 6-8 PM  
June 17th, 6-8 PM  
June 24th, 6-8 PM

Total Cost of 3 sessions - \$20  
(includes dinner & child care)  
Held at Grandview Baptist Church  
(Corner of Columbine Street & Debarr Rd.)

For more information  
contact Eileen at 272-8760

### Topics:

**Help! I Am A Single Parent** -Identifying your needs and how to meet them, so you have something to give your children.

**Making Your Children Mind Without Losing Yours -**  
Focusing on parenting skills that make you a more effective parent.

**What's Missing??-** How to develop an effective parenting plan while caring for yourself.

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Linda is a licensed Marriage & Family Therapist who has worked with children, adolescents and parents for over 20 years. She is a counselor at Cornerstone Counseling Center. Linda has been a speaker/trainer for schools & other organizations in communication skills, child abuse, depression, suicide prevention, single parenting, and building effective support discovery groups.

Featured Speaker  
**Linda King**



*In partnership with Alaska Christian Ministries Assoc.*



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